



# CORONAVIRUS: LOCAL NGÔMOTÔ ( Proactive) RESPONSE!

Your contributions keep us going! Please send a tax-exempt check payable to one of African Action on AIDS' addresses below

## Learn About African Action on AIDS (AAA)

AAA is a tax exempt non-profit organization registered in the USA and operating under section 501(c) 3 of the IRS code. It is also registered in Cameroon (auth. No00174/A/MINAT/DAP/SDLP/SAC). It has special consultative status with the United Nations ECOSOC and the UN Department of Information.

AAA's work is based on 3 programmes:

"JUST KNOW" Campaign emphasizes" MA YEM, MA BO":

- Knowledge of one's body
- Knowledge that leads to behavior change
- Knowledge that helps to visualize a future without AIDS

"Health before Wealth" Concept promotes:

- Testing for HIV
- Clean hands ( hand washing stations)
- Clean water (drinking stations)
- Dignified toilets
- Fighting against Malaria (treated mosquito bed nets)
- Vaccination
- Anti worms medicin

"Women's economic autonomy" through our Scholarship Programme.

This scholarship enables each teenage orphan girl to complete at least a secondary, general or technical education that will lead to financial and economic autonomy, greatly reducing the risk of being infected with HIV through sexual abuse and violence.

Our national security stress has been heightened by an international public health stress recently summarized by the organization leading the global health response (W H O), as **the Corona virus pandemic!** See impact on UN-CSW64. Statement from the UN Women's website regarding COVID-19: <https://www.unwomen.org/en/news/stories/2020/2/announcer-csw64-advisory>

Away from un- necessary panic, AAA calls for a NGOMOTÔ RESPONSE that must encourage our people to adopt preventive behaviors, and invest on health infrastructures that will address the pandemic. **"You do not start digging a water well at the moment of thirst!"** says local wisdom. We therefore call: **FIRST**, for Ngomoto behavior, that allows each community leader to be proactive in preventing and eliminating situations that could lead to loss of respectability and **LIFE** and in so doing, avoid **"OSAME", which means SHAME!** **SECOND**, we need to work together to create a larger impact. As Joyce Sequichie Hifler says in her Cherokee Feast of days: "... If they serve no other purpose, strenuous times are great equalizers. They put people on a common basis with common issues... Where people survive together there is a bond of understanding. They learn to support and look out of each other". **Instead of standing and waiting in fear**, we instead call on an African preventive drive emphasizing: Global **HYGIENE**, Systematic **HAND WASHING**, **BUILDING HEALTH INFRASTRUCTURES** (toilets, garbage) in hospitals, health centres, schools, offices, churches, homes, **to allow each individual to become an active participant to the global good and success!** **THIRD**, Africa should revisit its present perception of **FOOD SECURITY** that mostly rely on importation and not local production...rice, spaghetti, fish, tomato,etc... not only have replaced our local foods, but are no longer found in the market because of the above-mentioned pandemic! **Happy International Water Day 2020 !**

Ruth Bamela Engo, President AAA

Dans mon école,  
l'excellence commence  
avec l'eau potable  
et les mains propres !



## AFRICAN ACTION ON AIDS' PREVENTIVE HEALTH PLAN

### PACKAGE OF ACTIONS ESSENTIAL TO AVOID DISEASE IN OUR COMMUNITIES

The AAA's health prevention counselors encourage the population to adopt systematically the behavior moves below and draw from them natural gestures all their life through - while including them progressively in the cost of their personal budget. Become NGOMOTÔ for strengthening human capital.



Contacts: [www.africanactiononaids.org](http://www.africanactiononaids.org)

HONG-KONG	USA	Europe	Cameroon
Vivek Aranha AAA Representative in Asia Unit 103, 7 May Road, May Towers one, Mid-levels HONG-KONG : <a href="mailto:v_aranha2000@yahoo.com">v_aranha2000@yahoo.com</a>	Laraine Lippe Chairman AAA Board of Directors P.O. Box 1680 New York, NY 10163- 1680 E-Mail: <a href="mailto:laraine.lippe@gmail.com">laraine.lippe@gmail.com</a>	Herta P. Kaschitz- Wuestenhagen AAA Representative in Vienna Schottenfeldgasse 20/9 - 1070 Vienna, Austria E-Mail: <a href="mailto:hpkaschitz@aol.com">hpkaschitz@aol.com</a>	Ruth Bamela Engo President AAA B.P. 4340, Yaoundé Cameroon <a href="mailto:ruthengoaaa@gmail.com">ruthengoaaa@gmail.com</a> / <a href="mailto:françoisebaaaaa@gmail.com">françoisebaaaaa@gmail.com</a> Whatsapp& O.M : 237 699 236 169