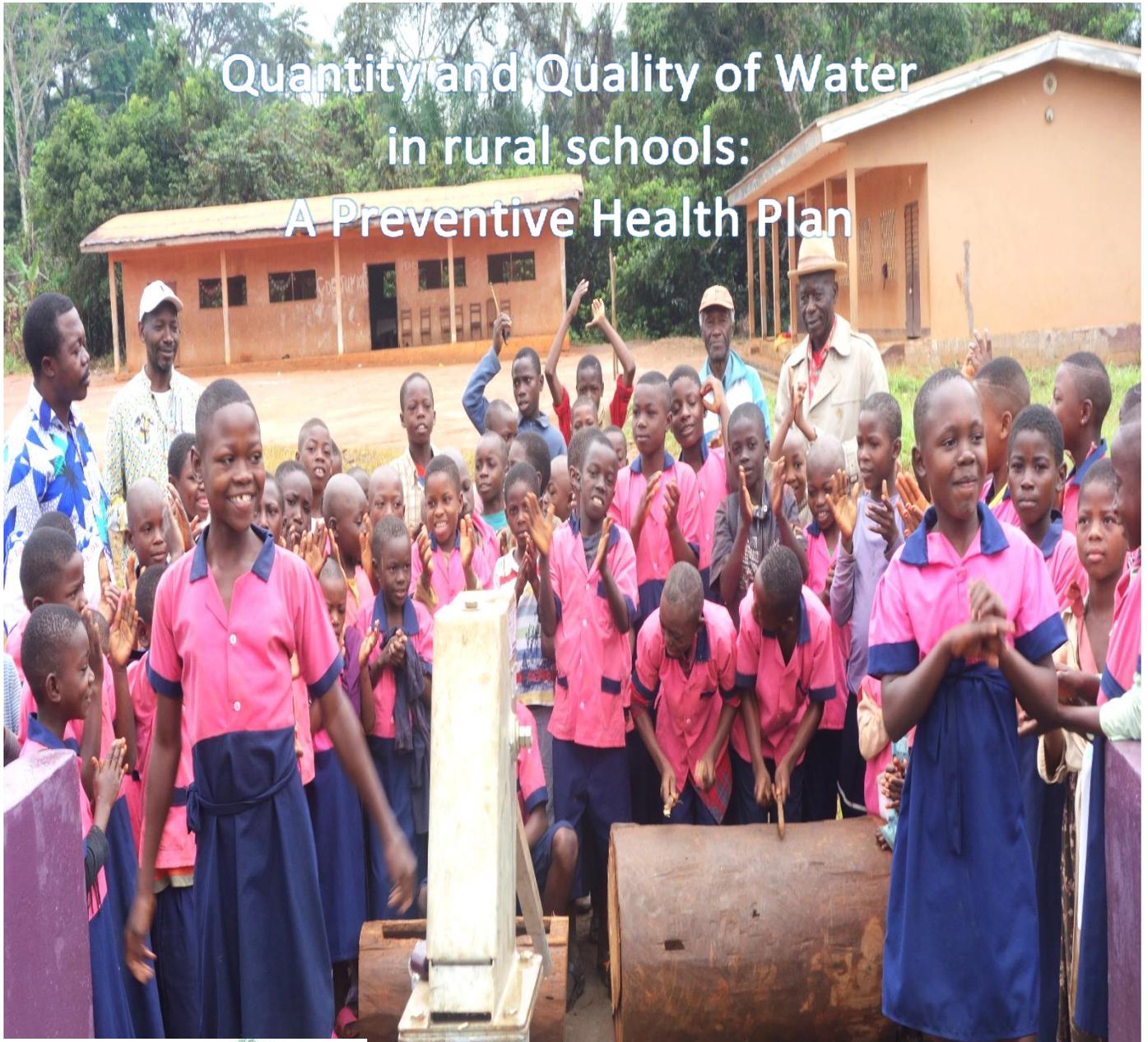




# AAA – S I Tokyo - Shinjuku Final Project Report

## Quantity and Quality of Water in rural schools: A Preventive Health Plan



February 2019

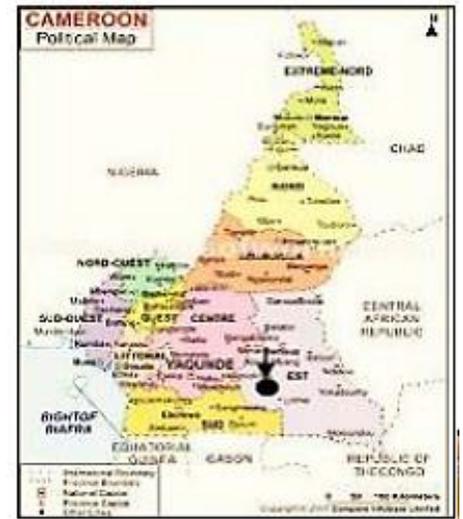


## INTRODUCTION

**Quantity and Quality of Water in Rural School: A Preventive Health Plan**, is the title a project that gave AAA an opportunity to interact with a great partner, the **SI Tokyo-Shinjuku**, while allowing us to bring water access, to a waterless school in Cameroon.

AAA is always energized when working with youth and in schools. Why? Because it widens the circle of people able to benefit from important preventive health messages. Indeed, every young person can have direct influence on his/her peers, at school, in the street at home. Young people can spread good practices among friends and within their families. In addition, young people will have their own children in the future and be in a position to transmit positive/lasting behaviors! This is why the AAA Mission Statement measures its success from the achievements of young people"... *We succeed when the youth we serve become agents of their own change and use their knowledge to change their communities.* »

School children in remote village schools are unable to practice proper hygiene and sanitation because of lack of a water resource, thus exposing them to communicable diseases all year round. Our goal is therefore to continue to bring water access, sanitation and hygiene to as many waterless and toilet less communities of Cameroon. As we continue to strengthen the IMMUNE SYSTEM and prevent diseases including AIDS, we will, at the same time promote access to basic needs for all and moving towards Sustainable Development with full contribution of healthy local people.



Based on AAA Board of Directors' decision of June 2018, we now train a community member per project, to oversee the maintenance of Water Wells, Toilets in schools and health centres. While we train these human resources, we also encourage the formation of a *Circle of Water and Sanitation maintainers* who would allow its members to share their experiences and bring in new ideas and practices from local Communities. They could, in the future, build autonomous businesses, forging for a general Social Good!

Ruth Bamela Engo, President AAA

**OBJECTIVES:****1. Overall objective:**

Our overall objective as indicated in the introduction, is to continue to bring Water access, Sanitation and Hygiene to as many waterless communities as possible.

**2. Specific objectives are to:**

- Build a water well for potable water;
- Portable hand washing and drinking stations for schools;
- Mobilize educational and community leaders to sustain these infrastructures and their maintenance through the acquisition of adapted knowledge.

**PARTNERS:** SI Tokyo - Shinjuku, African Action on AIDS (AAA), Yelinda Group Chief of the Abem Village, Heads of the Abem Primary School, President of Parents, Teachers and Pupils Association (PTPA).

<b>Planned activities</b>	<b>Description of the activity carried out</b>	<b>Date of completion</b>	<b>Results obtained from the realization of the activity</b>	<b>Encountered difficulties</b>	<b>Success</b>
<b>Meeting of the AAA Steering Committee</b>	The steering committee reviews the various stages of the project and gives orientations as well as recommendations for a successful implementation.	<b>27, December 2018</b>	<ul style="list-style-type: none"> <li>- Acknowledges : the signed Agreement, the funds transfer from Japan and,</li> <li>- Allows AAA Technical Coordinator to recruit the most appropriate technician based on their capacity to build a Water Well according to AAA specifications at a reasonable cost.</li> </ul>		
<b>Selection of the builder, elaboration and signature of the contract</b>	Technicians evaluated - based on recommendations of the Steering Committee: Qualification, Cost and Time table.	<b>28, December 2018</b>	After analysis, <b>G.A.T</b> (Group of Friends Technicians) is finally retained and an agreement on the realization of the project is signed between AAA and the GAT		This group of technicians is selected not only on the basis of the technical quality / cost of the works but also its commitment to train a local villager to provide maintenance of the new infrastructure to the community
<b>Meeting of Stakeholders</b>	Mr. Eba'a Zambe, AAA Program Officer and AAA Technical Coordinator returns to meet leaders of the community of Abem to secure an appropriate location for the water well.	<b>3, January 2019</b>	Community leaders, school officials and AAA agree on the construction site of the drinking water well as chosen by the school officials themselves.	Reaching the village of Abem on unpaved road makes access difficult	Location of the water well chosen in the middle of school away from main road and football field.

<b>Signature of the Convention of Collaboration</b>	In order to encourage the community to take ownership of the process of implementing the AAA health plan, a draft AAA collaborative agreement with the community is developed and then submitted for adoption by both parties.	<b>7, January 2019</b>	Adoption and signing of a Collaboration Agreement outlining the respective responsibilities of both parties (AAA and Community)		The involvement Village Head of Abem (General Supervisor), the President of Parents, Teachers and Pupils Association and the school officials is absolutely crucial
<b>Start digging</b>	Field trips and working sessions between the AAA program officer, Community leaders and Technicians to ensure that the digging begins.	<b>9 -15, January 2019</b>	-The work effectively starts by digging under the supervision of the AAA Technical Coordinator.  -The community's commitments are respected including contribution of local materials like sand and gravel		This trip had a double advantage for the follow-up of the work, the evaluation of the community commitments and the verification of the quality of local materials (sand, gravel) existing in the village.
<b>Buying and transporting building materials like: planks, nozzles, see budget</b>	The acquisition of the necessary equipment for the construction of the Well is done under the supervision of AAA	<b>15, January 2019</b>	- The advance of funds is discharged by the Chief Financial Officer of the GAT at AAA office.  - Under the supervision of AAA, the purchase of necessary materials and transportation to the project location were done.	The cost of transporting heavy equipment is high due to conditions of roads	Purchased material is transported to the project site and secured by community leaders
<b>Constructions</b>	Under the supervision of AAA, the Village Head of Abem (General Supervisor), the President of Parents, Teachers and Pupils Association and the school officials the execution of work construction is done.	<b>16, January to 16, February 2019</b>	The Construction including installations work of nozzles , Human Motor Pump(H.M.P) with accessories, water treatment and construction of shelters (Fence)		Work executed
<b>Evaluation and adjustments by AAA</b>	Trip of AAA staff to monitor and evaluate construction work and embellishment of the school by planting palm oil trees	<b>18, February 2019</b>	Following the evaluation of the work, observations and recommendations are made for various technical adjustments.		The expected results are linked to constant supervision.

<p><b>Finalization of works</b></p>	<p>Under the supervision of AAA, the finishing work is done by the technicians of GAT.</p>	<p><b>21-22, February 2019</b></p>	<p>Finishing work includes:  <b>1)Painting</b>  <b>2)Engraving of the names of the financial partners on the main façade of the Water Well</b>  <b>3) Fixation of water storage stations in the school's classrooms.</b></p>		<p>AAA Financial Transparency Demonstration would require that each project bears the name of the Financial Partner.</p>
<p><b>Inauguration Ceremony</b></p>	<p>This ceremony is an opportunity to perform a double activity:  - Solemnly inaugurate Water Well.  - Final training session for the local maintenance agent of the well and other health infrastructure as well as members of the community on basic hygiene and sanitation around the Well including the protection and conservation of water through the water stations distributed.</p>	<p><b>27, February 2019</b></p>	<p>This ceremony was important not only to raise awareness, but also to solemnly hand over Posters and documents relating to hygiene and sanitation like”  <b>Preventive Health in School: Moving towards a clean environment and schools”</b>  Solemn surrender of:  - <b>Maintenance Boxes</b>  - <b>Water Well Keys</b>  - <b>Hand washing stations,</b> drinking water storage for school officials and community members able to serve as examples of good practice.</p>		<p>This sober ceremony was also an opportunity to reflect on the appropriation and sustainable development with the contribution of local healthy people.</p>

## CONCLUSION

We say THANK YOU a Million times for your GENEROUS Donation!

The donation allows us to pursue our reflexion on Characteristics of Mobilized Responsible Communities as described below.

And this reflexion also allows our local experiences and observations to feed the world’s debate!

### CHARACTERISTICS OF MOBILIZED AND RESPONSIBLE COMMUNITIES - WITH “FEK/PEK” or WISDOM

- Members are aware and informed of their individual and collective problems.
- The knowledge acquired by members help them to better understand their own world
- Members acquire le “FEK/PEK” or Wisdom through debates/Conversations/MINLAN/ MINKWEL
- Members have practical knowledge of different options they can take to solve their problems.
- Members act within their capacity, applying their own strengths and investing their own resources
- Members understand the importance for each one to play their role in decision making, evaluation,
- responsibility for outcome.
- The community seeks outside partnerships, not to totally rely on them, but to grow and be more efficient
- Members of the community become creative
- Members learn the importance of a team and network.
- Members learn positive effects of endurance.



# Pictures



# ANNEXES

**Annex N°1: ANTICIPATED STEPS**



**SI Tokyo-Shinjuku**

@

AFRICAN ACTION ON AIDS. PUIITS 12

**2018 - 2019**

### Preventive Health in School

MOVING TOWARDS A  
CLEAN ENVIRONMENT  
AND SCHOOLS



### Santé Préventive à l'école

VERS DES ECOLES ET  
UN ENVIRONNEMENT  
PROPRES



### Habitudes des gens qui réussissent !

Dans mon école, l'excellence commence avec l'eau potable et les mains propres !



Différentes formes d'approvisionnement en eau potable



Puits CVECA Abem  
Enfants buvant de l'eau potable.



Puits CVECA Ngalla - La Présidente de l'AFAC et enfants puisant de l'eau en utilisant les bidons d'AAA.



Modèle N° 1 : Latrines (WC) sexo - séparées (filles et garçons)  
A gauche : une fille lave les mains à la sortie des latrines  
A droite : un garçon lave les mains à la sortie des latrines



Modèle N° 2 : Bloc de 3 Latrines (WC) sexo - séparées à l'école publique rurale - CVECA Bogso • Filles, Garçons, Enseignants



Modèle N° 3 : Bloc de 4 Latrines (WC) sexo - séparées CVECA d'Abem • Filles, Garçons, Femmes, Hommes



Pas d'ordures, ni dans la cour, ni aux environs de l'école !



Nettoyage de l'environnement scolaire par les adultes de la communauté - CVECA de Bogso



Séance de balayage de la cour par les élèves dans une école publique rurale - CVECA de Ngalla



Séances de nettoyage des latrines au sein de la famille (Père, Mère et Filles)



Mobilisation de la communauté (Hommes, femmes, jeunes, enfants) pour une école propre (désherbage, nettoyage de la cour, des latrines, d'infrastructures et environs de l'école).



Séances de nettoyage des latrines (WC) par les élèves filles et garçons à l'école.