# African Action on Alds

### AAA e-NEWS BRIEF – OCTOBER 2018

International Day of the Girl Child - WITH HER: ATTAINING TRANSFORMATIVE SKILLS

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## Learn About African Action on AIDS (AAA)

AAA is a tax exempt non-profit organization registered in the USA and operating under section 501(c) 3 of the IRS code. It is also registered in Cameroon (auth. No00174/A/MINAT/DAP/SDLP/S AC). It has special consultative status with the United Nations ECOSOC and the UN Department of Information.

AAA's work is based on 3 programmes:

# "JUST KNOW" Campaign emphasizes" MA YEM, MA BO":

- · Knowledge of one's body
- Knowledge that leads to behavior change
- Knowledge that helps to visualize a future without AIDS

## "Health before Wealth" Concept promotes:

- Testing for HIV
- Clean hands ( hand washing stations)
- Clean water (drinking stations)
- · Dignified toilets
- Fighting against Malaria (treated mosquito bed nets)
- Vaccination
- Anti worms medicin

#### "Women's economic autonomy"through our Scholarship Programme.

This scholarship enables each teenage orphan girl to complete at least a secondary, general or technical education that will lead to financial and economic autonomy, greatly reducing the risk of being infected with HIV through sexual abuse and violence.

During the celebration of International Women's Day 2017, AAA girls collectively decided to each, write a short piece on: How, as INDIVIDUALS, they can transform themselves <a href="http://africanactiononaids.org/wp-content/uploads/2018/01/AAA-eNewsBrief-April-2018.pdf">http://africanactiononaids.org/wp-content/uploads/2018/01/AAA-eNewsBrief-April-2018.pdf</a>). Adah is launching the process, emphasizing transformative SKILLS that are part of Life School. Please read below:

"This write up is drawn from my past experience. I left the village at the age of 11 and began my secondary school education in Yaoundé. Coming from the rural area, the adaptation to the urban educational system was difficult. I couldn't read nor write. I even got a home teacher but it didn't change my situation. Thanks to African Action on AIDS, I was given a second chance to repeat form one, but still had difficulty succeeding in school. Everybody was discouraged. But this weakness suddenly became my strength because it motivated me. I wanted to change and prove to people around me that I could change.

- I accepted my situation.
- I took it as a challenge and worked hard to improve my situation.
- I accepted help from friends especially from my elder sister who taught me how to read.
- I changed my network and started moving with people I knew could help me academically.
- I thought of people looking forward to seeing me succeed.
- I decided to change.

That's when I discovered that unless you decide to change even millions of people cannot change you! This is the advice I have for people facing the same problem: You should accept

your situation and decide to change.

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Create a new network of people who can help you. Think of your loved ones who want you to succeed. Most of all, believe in you. Take your weakness as your fighting tool and you will live to testify.

Oyebog B. Adah

Project in her former School on Health Before Wealth- 2016





Presenting academic Report for High National Diploma (HND) - 2018



2015, among African Youth Leaders' visit to the USA

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