

AAA e-NEWS BRIEF – JUNE 2011 CELEBRATING THE LIFE OF VICTOR ANOMAH NGU – MEMBER OF AAA INTERNATIONAL ADVISORY BOARD

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Learn About African Action on AIDS (AAA)

AAA is a tax exempt non-profit organization registered in the USA and operating under section 501(c) 3 of the IRS code. It is also registered in Cameroon (auth. No 00174/A/MINAT/DAP/SDLP/SAC). It has special consultative status with the United Nations ECOSOC and the UN Department of Information.

AAA's work is based on 3 programmes:

"JUST KNOW" Campaign emphasizes:

- Knowledge of one's body
- Knowledge that leads to behavior change
- Knowledge that helps to visualize a future without AIDS

"Health before Wealth" Concept promotes:

- Testing for HIV
- Clean hands (hand washing stations)
- Clean water (drinking stations)
- Dignified toilets
- Fighting against Malaria (treated mosquito bed nets)
- Vaccination
- Anti worms medicine

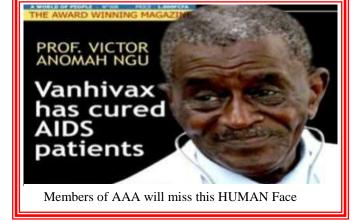
"Women's economic autonomy" through our Scholarship Programme. This scholarship enables each teenage orphan girl to complete at least a secondary, general or technical education that will lead to financial and economic autonomy, greatly reducing the risk of being infected with HIV through sexual abuse and violence.



PROFESSOR ANOMAH NGU – MEMBER OF AAA ADVISORY BOARD 1926-2011

Dear Friends, AAA 20th Anniversary continues. All e-news briefs of this year will reveal an aspect of our wonderful journey. In the present issue, we celebrate the life of our beloved Anomah Ngu, the legendary physician, professor of medicine, former Cameroon Minister of Health, father of **Vanhivax-** the HIV vaccine and member of AAA International Advisory Board.

Writing this e-news brief has reminded me of the many life experiences that have made AAA what it is today. One that had profound effect was a meeting with Prof (as we all affectionately called him) just after AAA was founded in 1991. We briefed him on the vision of our work with AIDS orphans. We needed to send them to school so that they could become economically and financially autonomous now that their parents were gone. We never mentioned their own health as if it did not matter! After listening to us, he congratulated us for our commitment, and with the humility that characterized this great man, he carefully drew our attention on 2 major issues:



1) Do not forget that our Health is our Wealth.

2) To effectively help others, we need to be well ourselves. We must take care of our own physical, mental and spiritual health before we can truly address the well-being of society, making sure that we acted what we preached. These important recommendations have accompanied us all these years and have helped shape our actions. As you all know, AAA's work is based on 3 programmes: a) Just Know Campaign; b) The Health before Wealth concept; c) Girl orphans economic and financial autonomy through education. Our methodology has been MA YEM – MA BO or I Know and I Do.

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Some will say that Prof Anomah Ngu was the finest brain of our country. We say he is among the finest brains of the world and the finest HUMAN BEING that we ever met. African Action on AIDS will continue the human legacy of Anomah Ngu! For more info please visit www.last-memories.com

Ruth Bamela Engo President

Contacts:

USA	Europe	Cameroon
Laraine Lippe	Herta P. Kaschitz	Ruth Bamela Engo
Secretary of the board African Action on AIDS 511 Avenue of the Americas #302 New York, NY 10011, USA E-Mail: ljlippe@aol.com	AAA Representative in Vienna Schottenfeldgasse 20/9 1070 Vienna, Austria E-Mail: hpkaschitz@aol.com	President AAA B.P. 4340, Yaoundé Cameroon E-Mail: ruthengo@aol.com

www.africanactiononaids.org